



Teen Mental Health Partial Hospitalization Program

Who We Serve

Teens, 12 - 17 years old, with a primary mental health diagnosis including:

- Anxiety Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Bipolar & Related Disorders
- Depressive Disorders
- Substance Use Disorders with a Primary Psychiatric Diagnosis
- Trauma & Stressor-Related Disorders

Model of Care

- Psychiatric evaluation and diagnostic clarification
- Regular individual appointments with a psychiatrist & therapist
- Group therapy (Cognitive Behavioral Therapy & Dialectical Behavioral Therapy)
- Integrative therapies (art, music, recreation, yoga)
- Family/Caregiver therapy and skills groups
- Daily educational support from a licensed teacher (two hours)
The Education Specialist will serve as a liaison between the program and the child's home school and caregiver.

Family/Caregiver Involvement

Understanding that mental health struggles impact not only the client but their family, friends and support system, it is vital to include caregivers in treatment. Caregivers are involved in the initial family session and subsequent family therapy sessions throughout treatment. We also offer caregiver skills groups so loved ones have an opportunity to learn, process and better support their child.



50%

of all lifetime mental health conditions begin by age 14.

About our Program

PARTIAL HOSPITALIZATION PROGRAM (PHP)

Monday - Friday 8:30 - 3:30

Our voluntary program is built on HopeWay's proven model of care and is designed to meet the unique needs of teens. We offer compassionate, evidence-based treatment to help teens learn the skills they need to live healthy and fulfilling lives. The program has two tracks that are grouped by age.



Over 2.5 million youth in the US have severe major depression and over **60%** of youth with major depression **do not receive treatment.**



Admissions

HopeWay welcomes referrals from self, families or loved ones, schools, mental health organizations, providers or hospitals.

- Call the Admissions Team at 1-844-HOPEWAY or visit our website and complete an inquiry form.
- Complete the clinical screening with an Admissions Specialist.
- Complete the insurance verification paperwork and connect with a Financial Specialist.
- Complete the psychiatric evaluation with a HopeWay psychiatrist.

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 Knowing 50% of all mental health conditions begin by age 14, it is crucial to offer evidence-based care for our youth. Research proves that early diagnosis and intervention can change the trajectory of these illnesses which allows teens to live healthy and fulfilling lives.”



Taren Coley, MD - Psychiatrist
Director of Child & Adolescent Services

To make a referral, call 1-(844)-HOPEWAY. To learn more, visit hopeway.org or scan the QR code below.



VISIT OUR WEBSITE FOR UP-TO-DATE INSURANCE INFORMATION.

To report concerns about the safety and quality of care for any client, please contact HopeWay's Chief Compliance Officer: 980-859-2106 or feedback@hopeway.org. Client concerns or complaints can also be directed to The Joint Commission: www.jointcommission.org/report_a_complaint.aspx



We strive to foster a safe, inclusive, and respectful environment for the LGBTQ+ community.



HopeWay is a non-profit 501(c)(3) organization.