



Veteran & First Responder Services

Who We Serve

Veterans & First Responders, 18 years and older, with a primary mental health condition including:

- Trauma & Stressor-Related Disorders including PTSD
- Depressive Disorders
- Bipolar & Related Disorders
- Anxiety Disorders
- Schizophrenia Spectrum & Other Psychotic Disorders
- Sleep-Wake Disorders
- Substance Use Disorders with a Primary Psychiatric Diagnosis
- Complex Co-Occurring Disorders

100%

of Veteran & First Responder clients with PTSD experienced clinically-significant reductions of PTSD symptoms at discharge.

Model of Care

The Veterans & First Responders team is comprised of experts committed to serving our nation's heroes. Through evidence-based treatment, clients learn the skills to re-integrate back into civilian life and accomplish their desired goals. Veterans & First Responders can participate in any level of care depending on the individual's needs. We offer a specific Intensive Outpatient Program (IOP) for Veterans & First Responders that focuses on trauma, posttraumatic growth and recovery.

Levels Of Care

RESIDENTIAL TREATMENT PROGRAM

24/7 care

Private bedrooms & bathrooms, individual sessions with a psychiatrist and therapist specializing in Veteran/First Responder mental health, group therapy mixed with civilians, integrative therapies, break-out psychotherapy groups specific for Veteran/First Responder clients.

PARTIAL HOSPITALIZATION PROGRAM (PHP)

Monday – Friday 9:00 – 4:00

Individual weekly sessions with a psychiatrist and therapist specializing in Veteran/First Responder mental health, and group and integrative therapies mixed with civilians. Clients can live at home during treatment or in our on-site house.

INTENSIVE OUTPATIENT PROGRAM (IOP)

Monday, Wednesday, Thursday 9:00 – 12:00

This program consists of group therapy and is designed for Veterans & First Responders. Groups focus on trauma recovery and include Cognitive Processing Therapy, Dialectical Behavioral Therapy and integrative therapies.

86%

of HopeWay Veterans and First Responders with anxiety experienced clinically-significant improvements in control of anxiety at discharge.



Veterans and First Responders are the unsung heroes who selflessly put their lives on the line to protect and serve their communities and our country. They regularly face traumatic and high-stress situations that can have a profound impact on their mental health. HopeWay is committed to ensuring Veterans and First Responders receive the care they so desperately deserve.”



Justin Johnson, MD, DFAPA
Psychiatrist - Director of Veteran & First Responder Services
Lieutenant Colonel, US Army Reserves

Admissions

HopeWay welcomes referrals from the VA, self, families or loved ones, mental health organizations, providers or hospitals.

- Call the Admissions Team at 1-844-HOPEWAY or visit our website and complete an inquiry form.
- Complete the clinical screening with an Admissions Specialist.
- Complete the insurance verification paperwork and connect with a Financial Specialist.
- Complete the psychiatric evaluation with a HopeWay psychiatrist.

Insurance

HopeWay is an in-network provider with:

- Aetna
- Blue Cross and Blue Shield of North Carolina (and its affiliates)
- Carolina Behavioral Health Alliance
- Cigna Behavioral Health
- Magellan
- MedCost
- United Behavioral Health
- HopeWay is a VA Community Care provider under the MISSION Act

HopeWay is not a Medicaid or Medicare contracted provider.

To make a referral, call 1-(844)-HOPEWAY. To learn more, visit hopeway.org or scan the QR code below.



To report concerns about the safety and quality of care for any client, please contact HopeWay's Chief Compliance Officer: 980-859-2106 or feedback@hopeway.org. Client concerns or complaints can also be directed to The Joint Commission: www.jointcommission.org/report_a_complaint.aspx



We strive to foster a safe, inclusive, and respectful environment for the LGBTQ+ community.



HopeWay is a non-profit 501(c)(3) organization.